



2015

Items for Haiti needed at this time:

FOOD

- Creamy peanut butter*
- Canned tuna (oil or water are both fine; oil is especially needed in the Haitians' diets)
- Various types of canned fish, such as sardines
- SPAM, canned corned beef or roast beef hash, canned pasta with meat or beef stew
- Canned tomato sauce*

CLOTHING

- New underwear or socks for children (boys and girls)
- New T-shirts for children or other new children's clothes
- Hats, especially baseball-type caps

MISCELLANEOUS

- Sunglasses (needed for adults and children)
- Unwrapped bars of soap
- Batteries for radios, toys, etc.
- Small toys, such as beanie babies, matchbox cars, and Barbie or similar-size dolls
- Baby layettes (onesie, hat or bonnet, socks or booties, small blanket, 2-3 baby washcloths and 1 towel) – all new. The moms also love little baby hairbrushes with soft bristles.

**Non-perishable food items must be in unbreakable packaging – plastic jars, metal cans, etc.*

Direct any questions to HHF@HaitianHealthFoundation.org or (860) 886-4357. Thank you!

The mission of the Haitian Health Foundation (HHF) is to improve the health and well-being of women, children, families and communities living in the greater Jérémie region through healthcare, education and community development.

Haitian Health Foundation
Changing Lives ~ One Person at a Time

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