



How You Can Help

The Haitian Health Foundation provides health, development, and the hope of a future to over 250,000 impoverished people in rural southwestern Haiti.

- **Operating Budget** ~ Donations are needed to operate HHF's medical outreach. These important dollars help to pay Haitian staff and purchase pharmaceuticals, food and other supplies.
- **Adopt-a-Village (\$5,000 per village)** ~ There are over 100 rural mountain villages under HHF's umbrella of care. The villagers are committed to cooperation and hard work for the health of all residents. A gift of \$5,000 will help to provide your adopted village with improved access to health services.
- **Sponsor-a-Student (\$300)** ~ School is not free in Haiti, and poor families cannot afford to pay for the required tuition, books and uniforms. 50% of Haiti's children are unable to attend school; yet education is their only opportunity for a better future. \$300 will send a K-9 student to school for one academic year - a life-changing gift.
- **Happy House Program (\$1,250)** ~ Too many wonderful people in Haiti live in hovels made of cardboard, rusted tin, and straw. Your gift of \$1,250 will help to provide a clean, cement house with a tin roof, windows, and doors - a lifetime gift to a family trapped in poverty.
- **Save-a-Malnourished Child (\$750)** ~ In many of the villages that we serve, over 70% of the children coming to us for care are malnourished. In order to survive, those with severe malnutrition must be admitted to our Center of Hope for tube feeding and advanced care. Help to save the life of an innocent for \$750.
- **Support an At-Risk Mother (\$500)** ~ Maternal illness and mortality is alarmingly prevalent in Haiti. Our Center of Hope provides health care for women with at-risk pregnancies, often diagnosed in a remote village clinic. Your gift of \$500 will help to save two lives—the impoverished mother and her unborn child(ren).
- **Feed-a-Child (\$300)** ~ Malnutrition is endemic in Haiti, and children and pregnant women are especially in need of food. HHF is providing life-sustaining food for thousands of malnourished children and prenatal and nursing mothers. Your gift of \$300 (\$25/month) will feed a child for 1 year.
- **Save-a-Family (\$300)** ~ For over 20 years, our Save-a-Family Program has helped to provide shelter, food, and school tuition for destitute families. There is no overhead for this program—100% of your gift of \$300/year (\$25/month) will go directly to support your Haitian family.
- **Clean Latrine Program (\$275)** ~ Since 1993, HHF has built latrines to encourage sanitation and to prevent the spread of diseases related to improper waste disposal, which include hepatitis, round worms, giardia, intestinal parasites, cholera, and typhoid. A gift of \$275 will construct a clean, sanitary latrine for a family.
- **Give-a-Goat (\$150)** ~ This is a priceless gift that provides a village family with some financial independence. Goats are bred and used to increase a herd, to barter, or used for animal protein. With an average income of only \$300 per year, a family could never afford to purchase an animal without your generosity.



HHF has been Awarded the Independent Charities (ICA) **Best In America** Seal of Excellence

On behalf of the poor of Haiti, mesi anpil (thank you) for your lifesaving gift.

www.HaitianHealthFoundation.org

The Haitian Health Foundation • 97 Sherman Street • Norwich, CT 06360
860 886-HELP (4357) • FAX 860 859-9887